

A QUICK GUIDE TO SOCIAL PRESCRIBING REFERRALS (Age 18+)

Referral can include one or more of the following, this however is not an exhaustive list

1. Relationship breakdown
2. Domestic abuse support
3. Bereavement support
4. Volunteering opportunities
5. Work, education, and training
6. Housing advice
7. Benefits and financial advice
8. Debt advice
9. Caring responsibilities
10. Support with one or more long term health conditions
11. Emotional wellbeing support
12. Support with lifestyle changes
13. Social isolation- support you to be more socially connected
14. Befriending
15. Family support services
16. Support groups
17. Mental health support as a direct result of social factors

The Social Prescribing service is available to all patients registered with a Winsford GP aged 18 and over

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**YOU can self-
refer by
contacting your
GP surgery**